GENERAL SELF-FILING CHECKLIST
10-Q, 10-K & 8-K*
*Other form types may require additional filing information

FORM TYPE	Does the form type match the cover page of the document?
CO-REGISTRANTS	Are there co-registrants listed and are they included in the filing values?
PERIOD OF REPORT	Does the EDGAR submission value match what is on the cover page of the document? Note that future dated filings will result in a suspension when test/live filed.
RULE 12B-2	Does the company's filer status match the cover page?
FILING VALUES	Are the required filing values input and accurate?
SECURITIES REGISTERD	Does the cover page disclose any 12(b)/12(g) securities registered, including the title of each class, trading symbol(s), and name of each exchange on which registered? *Applies to Securities Exchange Act Forms 8-K, 10, 10-Q, 10-K, 20-F, and 40-F.*
COVER PAGE LANGUAGE	Is the document cover page updated with the most current cover page language required by the SEC? *This can be verified by reviewing current form types available at sec.gov*
SIGNATURES	Is the main document signature conformed? A conformed signature includes /s/ before the signee's name. Do all signature dates match? Are Certification exhibit signatures conformed (if applicable)? Are Audit Report signatures conformed (if applicable)?
EXHIBITS (non-XBRL)	Are exhibits attached in numerical order? Is the Exhibit index correctly listing exhibits? Do all Exhibits (filed herewith) have an exhibit number included in the top right corner of each document?
XBRL EXHIBITS	If XBRL exhibits are included, are the XBRL exhibit files present in Project Preview and listed in the exhibit index?
COVER PAGE INTERACTIVE DATA FILES	Is iXBRL required on the cover page? If yes, is the required 104 inline language included in the Exhibit Index?
iXBRL	If iXBRL is included, has a final iXBRL update been submitted to include all edits since the previous iXBRL update? (Does not apply to Form 8-K) Have you received confirmation that the update has been completed?
TEST FILE	Test File and review submission results. Make adjustments if necessary and submit a new Test File after adjustments have been made.

Note: This checklist should not be considered "all inclusive" but should be used in conjunction with the instructions to the SEC form being filed, and the applicable sections of Regulations S-K and S-X. Selected SEC rules, regulations, and forms are generally available in the U.S. Technical Library — SEC Literature collection, and on the SEC website, www.sec.gov.